



BAD-DAY BEAUTY

Everyone, even the most gorgeous model, has the occasional bad day. These are the days when eyes look puffy, skin appears sallow, breakouts seem overly obvious, and nothing seems to help. There are many solutions to improve these situations.

ADD MOISTURE. When skin is dehydrated, it looks older and less alive. Drink plenty of water. Use a rich moisturiser to help temporarily plump up skin, making it look softer and younger.

SKIP THE FULL MAKEUP APPLICATION. Avoid the urge to apply makeup in an attempt to banish the bad-day issues. Use just a bit of concealer, a tinted moisturiser, and a pinky blush.

CURL LASHES TO OPEN UP EYES and make them look more awake. Do not follow with lots of eye makeup. Dark liner and shadows can make tired eyes look even more tired. Stick to light shades on the lids, and use mascara just on the top lashes.

FAKE A TAN. To enliven sallow-looking skin, apply a light coat of self-tanner, bronzing powder, or gel. Follow with pinky blush.

DON'T COMPENSATE FOR PALENESS WITH TOO MUCH COLOUR. A sheer pink blush will warm up the skin without looking fake. A bit of moisturiser patted onto the skin over blush will make the skin look great.

ADD SHEER, GLOSSY LIP COLOUR TO PERK UP a tired-looking mouth. The best shades match your natural lip colour or add just a hint of rose or pink.

DARK EYEGLASS FRAMES really come in handy some days.

COVER BRUISES with a blemish stick or foundation stick.

COVER DISCOLOURED SCARS WITH A BLEMISH STICK, and then apply foundation over the area to blend in with skin tone.

EASE A SUNBURN WITH A COOL SHOWER and cold compresses. Any redness still remaining can be helped with a light application of foundation or tinted moisturiser. Avoid red-coloured lips. Instead, try a bronze or brown-based lip colour.

BOBBI'S BEST FRIENDS: Black eyeliner, bright pink blush, cheek glow (balms), bright pink scarves, Ray-Bans.



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SUPER-CHARGED SKINCARE

Cosmeceuticals are the turbo-charged version of skincare. They're the ones are cosmetics with "very active ingredients in high concentrations". That revved-up quality often comes at a price though. Dr Joanna Romanowski from Auckland's Clinic 42 had been searching for a more moderately priced skincare range that worked, and came across Aspect. There's a starter kit from \$67.50. "It has good quality ingredients, is packaged in a vacuum-sealed container to prevent oxidation and denaturing and is cost effective" she says of the range that's free of parabens, sodium lauryl sulphate, mineral oils, petro chemicals, artificial colour and fragrance. She's a real fan of Pigment Punch, \$97, an even skin serum that deals to brown spots, freckles, acne scars and blotchy uneven skin. "It's the first thing that has shifted my pigment in more than 10 years. And I have tried everything in the past – products, laser, IPL liquid nitrogen, dermabrasion... everything."



TAKE 10

Hair colour in 10 minutes sounds like a beauty school fantasy, but L'Oreal's gone and done exactly that. For those that don't like spending 30 minutes locked in the bathroom with hair colour on, Excell 10 is a revelation. You can start the clock now the minute you start applying this permanent home hair colour. The speed colour comes in 11 shades, covers grey and gives amazing shine and all for \$17.99.

